



Participant ID

Variable # 1

Usage Notes: none

Sas Name: ID

Categories: Study: Administration

Sas Label: Participant ID

F48 Days since enrollment

Variable # 2

Usage Notes: none

Sas Name: F42DAYS

Categories: Study: Administration

Sas Label: F48 Days since enrollment

N	Min	Max	Mean	Std Dev
88361	92	2645	375.68691	70.19013

F48 Current weight

What is your current weight? pounds

Variable # 3

Usage Notes: none

Sas Name: WEIGHT

Categories: Physical Measurements

Sas Label: Weight, lbs

N	Min	Max	Mean	Std Dev
85959	50	485	154.02615	32.8148

F48 Highest weight in past year

In the past year, what was your highest weight? pounds

Variable # 4

Usage Notes: none

Sas Name: WGTMAX1Y

Categories: Medical History: Height/Weight History
Physical Measurements
Physical Measurements: Height/Weight History

Sas Label: Highest weight past year, lbs

N	Min	Max	Mean	Std Dev
84904	50	550	158.73487	34.53254

F48 Lowest weight in past year

In the past year, what was your lowest weight? pounds

Variable # 5

Usage Notes: none

Sas Name: WGTMIN1Y

Categories: Medical History: Height/Weight History
Physical Measurements
Physical Measurements: Height/Weight History

Sas Label: Lowest weight past year, lbs

N	Min	Max	Mean	Std Dev
83433	50	463	149.98034	31.69437



F48 Lost >= 5 pounds on purpose

In the past year, did you lose five or more pounds on purpose at any time?

Variable # 6

Usage Notes: none

Sas Name: LOST5LBP

Categories: Diet

Sas Label: Lost >= 5 lbs on purpose past year

Medical History: Height/Weight History

Physical Measurements: Height/Weight History

Values		N	%
0	No	52,542	59.5%
1	Yes	32,993	37.3%
9	Don't know	1,800	2.0%
.	Missing	1,026	1.2%
		88,361	

F48 Lost weight using low calorie diet

What method(s) did you use to lose weight (Mark all that apply.) Low calorie diet.

Variable # 7

Usage Notes: Sub-question of F48 V2 Q4 "Lost 5 pounds on purpose".

Sas Name: LWGTLCAL

Categories: Diet

Sas Label: Lost weight using low calorie diet

Medical History: Height/Weight History

Physical Measurements: Height/Weight History

Values		N	%
0	No	16,712	18.9%
1	Yes	16,162	18.3%
.	Missing	55,487	62.8%
		88,361	

F48 Lost weight using low fat diet

What method(s) did you use to lose weight (Mark all that apply.) Low fat diet.

Variable # 8

Usage Notes: Sub-question of F48 V2 Q4 "Lost 5 pounds on purpose".

Sas Name: LWGTLFAT

Categories: Diet

Sas Label: Lost weight using low fat diet

Diet: Fats/Oils

Medical History: Height/Weight History

Physical Measurements: Height/Weight History

Values		N	%
0	No	11,181	12.7%
1	Yes	21,693	24.6%
.	Missing	55,487	62.8%
		88,361	

F48 Lost weight using other diet

What method(s) did you use to lose weight (Mark all that apply.) Other type of diet

Variable # 9

Usage Notes: Sub-question of F48 V2 Q4 "Lost 5 pounds on purpose".

Sas Name: LWGTOTHD

Categories: Diet

Sas Label: Lost weight using other diet

Medical History: Height/Weight History

Physical Measurements: Height/Weight History

Values		N	%
0	No	30,524	34.5%
1	Yes	2,350	2.7%
.	Missing	55,487	62.8%
		88,361	



F48 Lost weight by skipped meals/fasted

What method(s) did you use to lose weight (Mark all that apply.) Skipped meals/fasted.

Variable # 10

Usage Notes: Sub-question of F48 V2 Q4 "Lost 5 pounds on purpose".

Sas Name: LWGTSKP

Categories: Diet

Sas Label: Lost weight by skipped meals/fasted

Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Values		N	%
0	No	30,428	34.4%
1	Yes	2,446	2.8%
.	Missing	55,487	62.8%
		88,361	

F48 Lost weight by decreasing alcohol intake

What method(s) did you use to lose weight (Mark all that apply.) Decreased alcohol intake

Variable # 11

Usage Notes: Sub-question of F48 V2 Q4 "Lost 5 pounds on purpose".

Sas Name: LWGTALC

Categories: Diet

Sas Label: Lost weight by decreasing alcohol intake

Diet: Alcohol
Lifestyle: Alcohol
Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Values		N	%
0	No	30,594	34.6%
1	Yes	2,280	2.6%
.	Missing	55,487	62.8%
		88,361	

F48 Lost weight by increasing exercise

What method(s) did you use to lose weight (Mark all that apply.) Increased exercise

Variable # 12

Usage Notes: Sub-question of F48 V2 Q4 "Lost 5 pounds on purpose".

Sas Name: LWGTEX

Categories: Diet

Sas Label: Lost weight by increasing exercise

Medical History: Height/Weight History
Physical Activity
Physical Measurements: Height/Weight History

Values		N	%
0	No	14,881	16.8%
1	Yes	17,993	20.4%
.	Missing	55,487	62.8%
		88,361	

F48 Lost weight using diet pills

What method(s) did you use to lose weight (Mark all that apply.) Diet pills

Variable # 13

Usage Notes: Sub-question of F48 V2 Q4 "Lost 5 pounds on purpose".

Sas Name: LWGTPILL

Categories: Diet

Sas Label: Lost weight using diet pills

Medical History: Height/Weight History
Medical History: Medications
Physical Measurements: Height/Weight History

Values		N	%
0	No	31,089	35.2%
1	Yes	1,785	2.0%
.	Missing	55,487	62.8%
		88,361	



F48 Lost weight using a commercial prog

What method(s) did you use to lose weight (Mark all that apply.) Commercial weight loss program

Variable # 14

Usage Notes: Sub-question of F48 V2 Q4 "Lost 5 pounds on purpose".

Sas Name: LWGTPRG

Categories: Diet
Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Sas Label: Lost weight using a commercial program

Values		N	%
0	No	30,215	34.2%
1	Yes	2,659	3.0%
.	Missing	55,487	62.8%
		88,361	

F48 Lost weight by stomach surgery

What method(s) did you use to lose weight (Mark all that apply.) Stomach surgery/intestinal bypass

Variable # 15

Usage Notes: Sub-question of F48 V2 Q4 "Lost 5 pounds on purpose".

Sas Name: LWGTSURG

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Sas Label: Lost weight by stomach surgery

Values		N	%
0	No	32,833	37.2%
1	Yes	41	0.0%
.	Missing	55,487	62.8%
		88,361	

F48 Lost weight by increasing smoking

What method(s) did you use to lose weight (Mark all that apply.) Started or increased smoking

Variable # 16

Usage Notes: Sub-question of F48 V2 Q4 "Lost 5 pounds on purpose".

Sas Name: LWGTSMK

Categories: Lifestyle: Smoking
Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Sas Label: Lost weight by increasing smoking

Values		N	%
0	No	32,773	37.1%
1	Yes	101	0.1%
.	Missing	55,487	62.8%
		88,361	

F48 Lost weight by other method

What method(s) did you use to lose weight (Mark all that apply.) Other

Variable # 17

Usage Notes: Sub-question of F48 V2 Q4 "Lost 5 pounds on purpose".

Sas Name: LWGTOTH

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Sas Label: Lost weight by other method

Values		N	%
0	No	29,998	33.9%
1	Yes	2,876	3.3%
.	Missing	55,487	62.8%
		88,361	



F48 Lost >= 5 lbs not on purpose past year

In the past year, did you lose five or more pounds not on purpose at any time?

Variable # 18

Usage Notes: none

Sas Name: LOST5LBU

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Sas Label: Lost >= 5 lbs not on purpose past year

Values		N	%
0	No	69,814	79.0%
1	Yes	14,700	16.6%
9	Don't know	2,455	2.8%
.	Missing	1,392	1.6%
		88,361	

F48 Lost weight due to illness

What was the cause of this weight loss? (Mark all that apply.) Illness

Variable # 19

Usage Notes: Sub-question of F48 V2 Q5 "Lost 5 pounds not on purpose".

Sas Name: LWGTILL

Categories: Medical History
Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Sas Label: Lost weight due to illness

Values		N	%
0	No	9,756	11.0%
1	Yes	4,784	5.4%
.	Missing	73,821	83.5%
		88,361	

F48 Lost weight due to depression

What was the cause of this weight loss? (Mark all that apply.) Depression

Variable # 20

Usage Notes: Sub-question of F48 V2 Q5 "Lost 5 pounds not on purpose".

Sas Name: LWGTSAD

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History
Psychosocial/Behavioral

Sas Label: Lost weight due to depression

Values		N	%
0	No	13,417	15.2%
1	Yes	1,123	1.3%
.	Missing	73,821	83.5%
		88,361	

F48 Lost weight due to stress

What was the cause of this weight loss? (Mark all that apply.) Stressful time

Variable # 21

Usage Notes: Sub-question of F48 V2 Q5 "Lost 5 pounds not on purpose".

Sas Name: LWGTSTRS

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History
Psychosocial/Behavioral

Sas Label: Lost weight due to stress

Values		N	%
0	No	10,912	12.3%
1	Yes	3,628	4.1%
.	Missing	73,821	83.5%
		88,361	



F48 Lost weight due to life events

What was the cause of this weight loss? (Mark all that apply.) Life events (e.g., change in job or marital status)

Variable # 22

Usage Notes: Sub-question of F48 V2 Q5 "Lost 5 pounds not on purpose".

Sas Name: LWGTLE

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History
Psychosocial/Behavioral

Sas Label: Lost weight due to life events

Values		N	%
0	No	12,867	14.6%
1	Yes	1,673	1.9%
.	Missing	73,821	83.5%
		88,361	

F48 Lost weight due to other reason

What was the cause of this weight loss? (Mark all that apply.) Other

Variable # 23

Usage Notes: Sub-question of F48 V2 Q5 "Lost 5 pounds not on purpose".

Sas Name: LWGTOTHR

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Sas Label: Lost weight due to other reason

Values		N	%
0	No	11,385	12.9%
1	Yes	3,155	3.6%
.	Missing	73,821	83.5%
		88,361	

F48 Don't know weight loss reason

What was the cause of this weight loss? (Mark all that apply.) Don't know

Variable # 24

Usage Notes: Sub-question of F48 V2 Q5 "Lost 5 pounds not on purpose".

Sas Name: LWGTUKN

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Sas Label: Lost weight reason unknown

Values		N	%
0	No	11,292	12.8%
1	Yes	3,248	3.7%
.	Missing	73,821	83.5%
		88,361	



F48 Eat before breakfast

How many times per week do you usually eat the following meals or snacks? (Answer each question. If you do not usually eat the meal or snack, answer 'Never or less than once'.) Before breakfast meal

Variable # 25

Usage Notes: none

Sas Name: BBRKFAST

Categories: Diet

Sas Label: Eat before breakfast meal, times/wk

Values		N	%
0	Never or less than once	75,783	85.8%
1	1-2 times	2,546	2.9%
2	3-4 times	779	0.9%
3	5-6 times	656	0.7%
4	7 or more times	1,221	1.4%
.	Missing	7,376	8.3%
		88,361	

F48 Eat at breakfast

How many times per week do you usually eat the following meals or snacks? (Answer each question. If you do not usually eat the meal or snack, answer 'Never or less than once'.) Breakfast

Variable # 26

Usage Notes: none

Sas Name: BRKFAST

Categories: Diet

Sas Label: Eat breakfast, times/wk

Values		N	%
0	Never or less than once	5,274	6.0%
1	1-2 times	6,285	7.1%
2	3-4 times	4,874	5.5%
3	5-6 times	11,351	12.8%
4	7 or more times	58,079	65.7%
.	Missing	2,498	2.8%
		88,361	

F48 Eat between breakfast & lunch

How many times per week do you usually eat the following meals or snacks? (Answer each question. If you do not usually eat the meal or snack, answer 'Never or less than once'.) Between breakfast and lunch

Variable # 27

Usage Notes: none

Sas Name: BRKLUNCH

Categories: Diet

Sas Label: Eat between breakfast & lunch, times/wk

Values		N	%
0	Never or less than once	37,807	42.8%
1	1-2 times	21,001	23.8%
2	3-4 times	12,671	14.3%
3	5-6 times	5,930	6.7%
4	7 or more times	4,027	4.6%
.	Missing	6,925	7.8%
		88,361	



F48 Eat at lunch

How many times per week do you usually eat the following meals or snacks? (Answer each question. If you do not usually eat the meal or snack, answer 'Never or less than once'.) Lunch

Variable # 28

Usage Notes: none

Sas Name: LUNCH

Categories: Diet

Sas Label: Eat lunch, times/wk

Values		N	%
0	Never or less than once	4,297	4.9%
1	1-2 times	5,122	5.8%
2	3-4 times	7,336	8.3%
3	5-6 times	17,762	20.1%
4	7 or more times	50,636	57.3%
.	Missing	3,208	3.6%
		88,361	

F48 Eat between lunch & dinner

How many times per week do you usually eat the following meals or snacks? (Answer each question. If you do not usually eat the meal or snack, answer 'Never or less than once'.) Between lunch and dinner

Variable # 29

Usage Notes: none

Sas Name: LUNDNNR

Categories: Diet

Sas Label: Eat between lunch & dinner, times/wk

Values		N	%
0	Never or less than once	21,179	24.0%
1	1-2 times	23,658	26.8%
2	3-4 times	21,038	23.8%
3	5-6 times	10,436	11.8%
4	7 or more times	6,114	6.9%
.	Missing	5,936	6.7%
		88,361	

F48 Eat at dinner

How many times per week do you usually eat the following meals or snacks? (Answer each question. If you do not usually eat the meal or snack, answer 'Never or less than once'.) Dinner

Variable # 30

Usage Notes: none

Sas Name: DINNER

Categories: Diet

Sas Label: Eat dinner, times/wk

Values		N	%
0	Never or less than once	3,121	3.5%
1	1-2 times	3,562	4.0%
2	3-4 times	2,702	3.1%
3	5-6 times	10,347	11.7%
4	7 or more times	65,971	74.7%
.	Missing	2,658	3.0%
		88,361	



F48 Eat after dinner

How many times per week do you usually eat the following meals or snacks? (Answer each question. If you do not usually eat the meal or snack, answer 'Never or less than once'.) After dinner

Variable # 31

Usage Notes: none

Sas Name: AFTRDNNR

Categories: Diet

Sas Label: Eat after dinner, times/wk

Values		N	%
0	Never or less than once	19,633	22.2%
1	1-2 times	23,001	26.0%
2	3-4 times	19,999	22.6%
3	5-6 times	11,588	13.1%
4	7 or more times	9,798	11.1%
.	Missing	4,342	4.9%
		88,361	

F48 Fry/butter

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Butter

Variable # 32

Usage Notes: none

Sas Name: FRYBTTR

Categories: Diet: Fats/Oils

Sas Label: Fry/saute with butter

Values		N	%
0	No	76,651	86.7%
1	Yes	11,154	12.6%
.	Missing	556	0.6%
		88,361	

F48 Fry/low calorie margarine

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Low calorie margarine

Variable # 33

Usage Notes: none

Sas Name: FRYLOMRG

Categories: Diet: Fats/Oils

Sas Label: Fry/saute with lo-cal margarine

Values		N	%
0	No	79,799	90.3%
1	Yes	8,006	9.1%
.	Missing	556	0.6%
		88,361	



F48 Fry/stick margarine

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Stick margarine

Variable # 34

Usage Notes: none

Sas Name: FRYSTMRG

Categories: Diet: Fats/Oils

Sas Label: Fry/saute with stick margarine

Values		N	%
0	No	78,404	88.7%
1	Yes	9,401	10.6%
.	Missing	556	0.6%
		88,361	

F48 Fry/tub margarine

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Tub margarine

Variable # 35

Usage Notes: none

Sas Name: FRYTBMRG

Categories: Diet: Fats/Oils

Sas Label: Fry/saute with tub margarine

Values		N	%
0	No	80,827	91.5%
1	Yes	6,978	7.9%
.	Missing	556	0.6%
		88,361	

F48 Fry/solid vegetable fat

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Solid vegetable fat (e.g., Crisco)

Variable # 36

Usage Notes: none

Sas Name: FRYVGFAT

Categories: Diet: Fats/Oils

Sas Label: Fry/saute with solid vegetable fat

Values		N	%
0	No	85,275	96.5%
1	Yes	2,530	2.9%
.	Missing	556	0.6%
		88,361	



F48 Fry/shortening

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Shortening (lard, bacon fat drippings, salt pork or ham hock)

Variable # 37

Usage Notes: none

Sas Name: FRYSHORT

Categories: Diet: Fats/Oils

Sas Label: Fry/saute with shortening

Values		N	%
0	No	86,377	97.8%
1	Yes	1,428	1.6%
.	Missing	556	0.6%
		88,361	

F48 Fry/olive oil

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Olive oil

Variable # 38

Usage Notes: none

Sas Name: FRYOLIVE

Categories: Diet: Fats/Oils

Sas Label: Fry/saute with olive oil

Values		N	%
0	No	50,915	57.6%
1	Yes	36,890	41.7%
.	Missing	556	0.6%
		88,361	

F48 Fry/canola oil

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Canola oil

Variable # 39

Usage Notes: none

Sas Name: FRYCANOL

Categories: Diet: Fats/Oils

Sas Label: Fry/saute with canola oil

Values		N	%
0	No	60,878	68.9%
1	Yes	26,927	30.5%
.	Missing	556	0.6%
		88,361	



F48 Fry/peanut oil

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Peanut oil

Variable # 40

Usage Notes: none

Sas Name: FRYPNUT

Categories: Diet: Fats/Oils

Sas Label: Fry/saute with peanut oil

Values		N	%
0	No	86,400	97.8%
1	Yes	1,405	1.6%
.	Missing	556	0.6%
		88,361	

F48 Fry/other vegetable oils

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Other vegetable oils (corn, safflower, sunflower)

Variable # 41

Usage Notes: none

Sas Name: FRYVGOIL

Categories: Diet: Fats/Oils

Sas Label: Fry/saute with other vegetable oils

Values		N	%
0	No	70,981	80.3%
1	Yes	16,824	19.0%
.	Missing	556	0.6%
		88,361	

F48 Fry/non-stick spray

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Non-stick spray (e.g., Pam)

Variable # 42

Usage Notes: none

Sas Name: FRYSPRAY

Categories: Diet: Fats/Oils

Sas Label: Fry/saute with non-stick spray

Values		N	%
0	No	50,700	57.4%
1	Yes	37,105	42.0%
.	Missing	556	0.6%
		88,361	



F48 Fry/other fat(s)

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Other fat(s)

Variable # 43

Usage Notes: Not collected on all versions of Form 48.

Sas Name: FRYOTFAT

Categories: Diet: Fats/Oils

Sas Label: Fry/saute with other than listed fat

Values		N	%
0	No	39,926	45.2%
1	Yes	152	0.2%
.	Missing	48,283	54.6%
		88,361	

F48 Fry/did not use fat

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Did not use fat

Variable # 44

Usage Notes: none

Sas Name: FRYWOFAT

Categories: Diet: Fats/Oils

Sas Label: Fry/saute without with fat

Values		N	%
0	No	80,327	90.9%
1	Yes	7,478	8.5%
.	Missing	556	0.6%
		88,361	

F48 During/butter

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Butter

Variable # 45

Usage Notes: none

Sas Name: CKBTTR

Categories: Diet: Fats/Oils

Sas Label: Cook veg/beans/rice with butter

Values		N	%
0	No	78,590	88.9%
1	Yes	9,193	10.4%
.	Missing	578	0.7%
		88,361	



F48 During/low calorie margarine

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Low calorie margarine

Variable # 46

Usage Notes: none

Sas Name: CKLOMRG

Categories: Diet: Fats/Oils

Sas Label: Cook veg/beans/rice w/ lo-cal margarine

Values		N	%
0	No	79,250	89.7%
1	Yes	8,533	9.7%
.	Missing	578	0.7%
		88,361	

F48 During/stick margarine

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Stick margarine

Variable # 47

Usage Notes: none

Sas Name: CKSTMTRG

Categories: Diet: Fats/Oils

Sas Label: Cook veg/beans/rice with stick margarine

Values		N	%
0	No	78,844	89.2%
1	Yes	8,939	10.1%
.	Missing	578	0.7%
		88,361	

F48 During/tub margarine

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Tub margarine

Variable # 48

Usage Notes: none

Sas Name: CKTBMRG

Categories: Diet: Fats/Oils

Sas Label: Cook veg/beans/rice with tub margarine

Values		N	%
0	No	80,640	91.3%
1	Yes	7,143	8.1%
.	Missing	578	0.7%
		88,361	



F48 During/solid vegetable fat

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Solid vegetable fat (e.g., Crisco)

Variable # 49

Usage Notes: none

Sas Name: CKVGFAT

Categories: Diet: Fats/Oils

Sas Label: Cook veg/beans/rice with solid veg. fat

Values		N	%
0	No	86,963	98.4%
1	Yes	820	0.9%
.	Missing	578	0.7%
		88,361	

F48 During/shortening

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Shortening (lard, bacon fat, drippings, salt p

Variable # 50

Usage Notes: none

Sas Name: CKSHORT

Categories: Diet: Fats/Oils

Sas Label: Cook veg/beans/rice with shortening

Values		N	%
0	No	85,054	96.3%
1	Yes	2,729	3.1%
.	Missing	578	0.7%
		88,361	

F48 During/olive oil

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Olive oil

Variable # 51

Usage Notes: none

Sas Name: CKOLIVE

Categories: Diet: Fats/Oils

Sas Label: Cook veg/beans/rice with olive oil

Values		N	%
0	No	71,805	81.3%
1	Yes	15,978	18.1%
.	Missing	578	0.7%
		88,361	



F48 During/canola oil

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Canola oil

Variable # 52

Usage Notes: none

Sas Name: CKCANOL

Categories: Diet: Fats/Oils

Sas Label: Cook veg/beans/rice with canola oil

Values		N	%
0	No	78,016	88.3%
1	Yes	9,767	11.1%
.	Missing	578	0.7%
		88,361	

F48 During/peanut oil

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Peanut oil

Variable # 53

Usage Notes: none

Sas Name: CKPNUT

Categories: Diet: Fats/Oils

Sas Label: Cook veg/beans/rice with peanut oil

Values		N	%
0	No	87,308	98.8%
1	Yes	475	0.5%
.	Missing	578	0.7%
		88,361	

F48 During/other vegetable oils

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Other vegetable oils (corn, safflower, sunflower)

Variable # 54

Usage Notes: none

Sas Name: CKVGOIL

Categories: Diet: Fats/Oils

Sas Label: Cook veg/beans/rice w/other veg. oil

Values		N	%
0	No	80,635	91.3%
1	Yes	7,148	8.1%
.	Missing	578	0.7%
		88,361	



F48 During/non-stick spray

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Non-stick spray (e.g., Pam)

Variable # 55

Usage Notes: none

Sas Name: CKSPRAY

Categories: Diet: Fats/Oils

Sas Label: Cook veg/beans/rice w/ non-stick spray

Values		N	%
0	No	76,702	86.8%
1	Yes	11,081	12.5%
.	Missing	578	0.7%
		88,361	

F48 During/other fat(s)

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Other fat(s)

Variable # 56

Usage Notes: Not collected on all versions of Form 48.

Sas Name: CKOTFAT

Categories: Diet: Fats/Oils

Sas Label: Cook veg/beans/rice with other fat

Values		N	%
0	No	39,841	45.1%
1	Yes	225	0.3%
.	Missing	48,295	54.7%
		88,361	

F48 During/did not use fat

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Did not use fat

Variable # 57

Usage Notes: none

Sas Name: CKWOFAT

Categories: Diet: Fats/Oils

Sas Label: Cook veg/beans/rice without fat

Values		N	%
0	No	49,021	55.5%
1	Yes	38,762	43.9%
.	Missing	578	0.7%
		88,361	



F48 After/butter

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Butter

Variable # 58

Usage Notes: none

Sas Name: ADDBTTR

Categories: Diet: Fats/Oils

Sas Label: Add butter to veg/beans/rice

Values		N	%
0	No	67,874	76.8%
1	Yes	19,788	22.4%
.	Missing	699	0.8%
		88,361	

F48 After/low calorie margarine

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Low calorie margarine

Variable # 59

Usage Notes: none

Sas Name: ADDLOMRG

Categories: Diet: Fats/Oils

Sas Label: Add lo-cal margarine to veg/beans/rice

Values		N	%
0	No	70,367	79.6%
1	Yes	17,295	19.6%
.	Missing	699	0.8%
		88,361	

F48 After/stick margarine

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Stick margarine

Variable # 60

Usage Notes: none

Sas Name: ADDSTMRG

Categories: Diet: Fats/Oils

Sas Label: Add stick margarine to veg/bean/rice

Values		N	%
0	No	75,451	85.4%
1	Yes	12,211	13.8%
.	Missing	699	0.8%
		88,361	



F48 After/tub margarine

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Tub margarine

Variable # 61

Usage Notes: none

Sas Name: ADDTBMRG

Categories: Diet: Fats/Oils

Sas Label: Add tub margarine to veg/bean/rice

Values		N	%
0	No	72,410	81.9%
1	Yes	15,252	17.3%
.	Missing	699	0.8%
		88,361	

F48 After/olive oil

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Olive oil

Variable # 62

Usage Notes: none

Sas Name: ADDOLIVE

Categories: Diet: Fats/Oils

Sas Label: Add olive oil to veg/beans/rice

Values		N	%
0	No	81,338	92.1%
1	Yes	6,324	7.2%
.	Missing	699	0.8%
		88,361	

F48 After/canola oil

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Canola oil

Variable # 63

Usage Notes: none

Sas Name: ADDCANOL

Categories: Diet: Fats/Oils

Sas Label: Add canola oil to veg/beans/rice

Values		N	%
0	No	85,930	97.2%
1	Yes	1,732	2.0%
.	Missing	699	0.8%
		88,361	



F48 After/peanut oil

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Peanut oil

Variable # 64

Usage Notes: none

Sas Name: ADDPNUT

Categories: Diet: Fats/Oils

Sas Label: Add peanut oil to veg/beans/rice

Values		N	%
0	No	87,576	99.1%
1	Yes	86	0.1%
.	Missing	699	0.8%
		88,361	

F48 After/other vegetable oils

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Other vegetable oils (corn, safflower, sunflower)

Variable # 65

Usage Notes: none

Sas Name: ADDVGOIL

Categories: Diet: Fats/Oils

Sas Label: Add other veg. oil to veg/beans/rice

Values		N	%
0	No	85,744	97.0%
1	Yes	1,918	2.2%
.	Missing	699	0.8%
		88,361	

F48 After/non-fat sour cream

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Non-fat or low-fat sour cream

Variable # 66

Usage Notes: none

Sas Name: ADDLSCR

Categories: Diet: Fats/Oils

Sas Label: Add lo-fat sour cream to veg/beans/rice

Values		N	%
0	No	78,934	89.3%
1	Yes	8,728	9.9%
.	Missing	699	0.8%
		88,361	



F48 After/regular sour cream

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Regular sour cream

Variable # 67

Usage Notes: none

Sas Name: ADDRSCR

Categories: Diet: Fats/Oils

Sas Label: Add regular sour cream to veg/beans/rice

Values		N	%
0	No	84,667	95.8%
1	Yes	2,995	3.4%
.	Missing	699	0.8%
		88,361	

F48 After/other fat(s)

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Other fat(s)

Variable # 68

Usage Notes: Not collected on all versions of Form 48.

Sas Name: ADDOTFAT

Categories: Diet: Fats/Oils

Sas Label: Add other fat to veg/beans/rice

Values		N	%
0	No	39,481	44.7%
1	Yes	458	0.5%
.	Missing	48,422	54.8%
		88,361	

F48 After/did not use fat

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Did not use fat

Variable # 69

Usage Notes: none

Sas Name: ADDNOFAT

Categories: Diet: Fats/Oils

Sas Label: Add no fats to veg/bean/rice

Values		N	%
0	No	60,271	68.2%
1	Yes	27,391	31.0%
.	Missing	699	0.8%
		88,361	



F48 Breads/butter

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Butter

Variable # 70

Usage Notes: none

Sas Name: USEBTTR

Categories: Diet: Fats/Oils

Sas Label: Use butter on bread

Values		N	%
0	No	62,063	70.2%
1	Yes	25,680	29.1%
.	Missing	618	0.7%
		88,361	

F48 Breads/low calorie margarine

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Low calorie margarine

Variable # 71

Usage Notes: none

Sas Name: USELOMRG

Categories: Diet: Fats/Oils

Sas Label: Use lo-cal margarine on bread

Values		N	%
0	No	65,384	74.0%
1	Yes	22,359	25.3%
.	Missing	618	0.7%
		88,361	

F48 Breads/stick margarine

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Stick margarine

Variable # 72

Usage Notes: none

Sas Name: USESTMRG

Categories: Diet: Fats/Oils

Sas Label: Use stick margarine on bread

Values		N	%
0	No	76,505	86.6%
1	Yes	11,238	12.7%
.	Missing	618	0.7%
		88,361	

**F48 Breads/tub margarine**

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Tub margarine

Variable # 73

Usage Notes: none

Sas Name: USETBMRG

Categories: Diet: Fats/Oils

Sas Label: Use tub margarine on bread

Values		N	%
0	No	64,721	73.2%
1	Yes	23,022	26.1%
.	Missing	618	0.7%
		88,361	

F48 Breads/olive oil

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Olive oil

Variable # 74

Usage Notes: none

Sas Name: USEOLIVE

Categories: Diet: Fats/Oils

Sas Label: Use olive oil on bread

Values		N	%
0	No	85,353	96.6%
1	Yes	2,390	2.7%
.	Missing	618	0.7%
		88,361	

F48 Breads/other fat(s)

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Other fat(s)

Variable # 75

Usage Notes: Not collected on all versions of Form 48.

Sas Name: USEOTFAT

Categories: Diet: Fats/Oils

Sas Label: Use other fats on bread

Values		N	%
0	No	38,109	43.1%
1	Yes	1,834	2.1%
.	Missing	48,418	54.8%
		88,361	



F48 Breads/did not use fat

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Did not use fat

Variable # 76

Usage Notes: none

Sas Name: USENOFAT

Categories: Diet: Fats/Oils

Sas Label: Use no fats on bread

Values		N	%
0	No	69,286	78.4%
1	Yes	18,457	20.9%
.	Missing	618	0.7%
		88,361	

F48 Glasses of red wine

In the past three months, how many glasses of RED wine did you drink? (Consider one glass as 6 ounces. Mark one.)

Variable # 77

Usage Notes: none

Sas Name: REDWINE

Categories: Diet: Alcohol
Lifestyle: Alcohol

Sas Label: Glasses red wine drank past 3 m

Values		N	%
0	None or less than 1 each month	61,999	70.2%
1	1-3 each month	11,730	13.3%
2	1 each week	3,603	4.1%
3	2-4 each week	6,231	7.1%
4	5-6 each week	1,738	2.0%
5	1 each day	1,504	1.7%
6	2-3 each day	782	0.9%
7	4 or more each day	41	0.0%
.	Missing	733	0.8%
		88,361	

F48 Glasses of white wine

In the past three months, how many glasses of WHITE or ROSE wine did you drink? (Consider one glass as 6 ounces. Mark one.)

Variable # 78

Usage Notes: none

Sas Name: WHTWINE

Categories: Diet: Alcohol
Lifestyle: Alcohol

Sas Label: Glasses white/rose wine drank past 3 m

Values		N	%
0	None or less than 1 each month	51,990	58.8%
1	1-3 each month	16,961	19.2%
2	1 each week	5,151	5.8%
3	2-4 each week	7,713	8.7%
4	5-6 each week	2,400	2.7%
5	1 each day	1,892	2.1%
6	2-3 each day	1,493	1.7%
7	4 or more each day	80	0.1%
.	Missing	681	0.8%
		88,361	



F48 Do you smoke now

Do you smoke cigarettes now?

Variable # 79

Usage Notes: none

Sas Name: SMOKENW

Categories: Lifestyle: Smoking

Sas Label: Smoke cigarettes now

Values		N	%
0	No	82,838	93.7%
1	Yes	4,981	5.6%
.	Missing	542	0.6%
		88,361	

F48 How many cigarettes each day

How many cigarettes do you usually smoke each day? (Mark one.)

Variable # 80

Usage Notes: Sub-question of F48 V2 Q13 "Do you smoke now".

Sas Name: CIGSDAY

Categories: Lifestyle: Smoking

Sas Label: Smoke, cigs/day

Values		N	%
1	Less than 5	1,068	1.2%
2	5-14	1,702	1.9%
3	15-24	1,495	1.7%
4	25-34	407	0.5%
5	35-44	187	0.2%
6	45 or more	45	0.1%
.	Missing	83,457	94.5%
		88,361	

F48 Filter or non-filter

Do you usually smoke filter tip or non-filter tip cigarettes? (Mark one.)

Variable # 81

Usage Notes: Sub-question of F48 V2 Q13 "Do you smoke now".

Sas Name: CIGFILTR

Categories: Lifestyle: Smoking

Sas Label: Type of filter on cigarette

Values		N	%
1	Filter tip	4,725	5.3%
2	Non-filter tip	181	0.2%
.	Missing	83,455	94.4%
		88,361	



F48 Regular or low-tar cigarettes

Do you usually smoke regular or low tar and nicotine cigarettes (lites)? (Mark one.)

Variable # 82

Usage Notes: Sub-question of F48 V2 Q13 "Do you smoke now".

Sas Name: CIGTAR

Categories: Lifestyle: Smoking

Sas Label: Type of tar and nicotine cigarette

Values		N	%
1	Regular	1,246	1.4%
2	Low tar and nicotine (lite)	3,636	4.1%
.	Missing	83,479	94.5%
		88,361	

F48 Size of cigarette

What size cigarettes do you usually smoke? (Mark one.)

Variable # 83

Usage Notes: Sub-question of F48 V2 Q13 "Do you smoke now".

Sas Name: CIGSIZE

Categories: Lifestyle: Smoking

Sas Label: Size cigarette usually smoked

Values		N	%
1	Slim	768	0.9%
2	Regular size	1,285	1.5%
3	King size	2,831	3.2%
.	Missing	83,477	94.5%
		88,361	

F48 Combined estrogen/progesterone

In the past year, did you use female hormone PILLS prescribed by a doctor which contained both ESTROGEN and progestin (PROGESTERONE) COMBINED in the same pill or package (for example Prempro, Premphase)? (Do not include use of two separate estrogen and progestin pills used at the same time.)

Variable # 84

Usage Notes: Not collected on all versions of Form 48.

Sas Name: HRTCMBP

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Sas Label: Combined HRT same pill past year

Values		N	%
0	No	34,071	38.6%
1	Yes	5,096	5.8%
9	Don't know	620	0.7%
.	Missing	48,574	55.0%
		88,361	



F48 Months used combined hormone

In the past year, how many months did you use the COMBINED female hormone PILL which contained both ESTROGEN and PROGESTIN?

Variable # 85

Sas Name: HRTCMBPM

Sas Label: Combined HRT same pill months/past year

Usage Notes: Sub-question of F48 V2 Q14 "Combined estrogen/progesterone".
Not collected on all versions of Form 48.

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
1	Less than 1 month	312	0.4%
2	1-6 months	843	1.0%
3	7-10 months	462	0.5%
4	11-12 months	3,393	3.8%
.	Missing	83,351	94.3%
		88,361	

F48 Used estrogen

In the past year, did you use the female hormone medication called ESTROGEN (for example, Premarin, Estrace, Ogen)? (This may have been in the form of a pill, skin patch, shot, vaginal cream or suppository, or skin cream or gel.) (Do not include the combined pill of estrogen and progestin.)

Variable # 86

Sas Name: ESTROGEN

Sas Label: Estrogen past year

Usage Notes: Not collected on all versions of Form 48.

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
0	No	21,642	24.5%
1	Yes	17,809	20.2%
9	Don't know	181	0.2%
.	Missing	48,729	55.1%
		88,361	

F48 Months used estrogen past year

In the past year how many months did you use any type of ESTROGEN? (Mark one. If you had shots, count each shot as one month.)

Variable # 87

Sas Name: ESTR_M

Sas Label: Months used estrogen past year

Usage Notes: Sub-question of F48 V2 Q15 "Used estrogen".
Not collected on all versions of Form 48.

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
1	Less than 1 month	486	0.6%
2	1-6 months	1,366	1.5%
3	7-10 months	842	1.0%
4	11-12 months	14,826	16.8%
.	Missing	70,841	80.2%
		88,361	

**F48 Type of estrogen used longest**

In the past year, what type of ESTROGEN did you use the longest? (Mark one.)

Variable # 88**Sas Name:** ESTR_T**Sas Label:** Type of estrogen used the longest

Values		N	%
1	Pills (or capsules)	15,367	17.4%
2	Shots	88	0.1%
3	Skin patches	1,082	1.2%
4	Vaginal cream or suppositories	1,103	1.2%
8	Other creams or gels	59	0.1%
.	Missing	70,662	80.0%
		88,361	

Usage Notes: Sub-question of F48 V2 Q15 "Used estrogen".
Not collected on all versions of Form 48.**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**F48 Used estrogen pills**

In the past year, did you take ESTROGEN pills (e.g., Premarin, Estrace, Ogen) by mouth?

Variable # 89**Sas Name:** ESTR_P**Sas Label:** Estrogen pill past year

Values		N	%
0	No	2,219	2.5%
1	Yes	15,294	17.3%
9	Don't know	11	0.0%
.	Missing	70,837	80.2%
		88,361	

Usage Notes: Sub-question of F48 V2 Q15 "Used estrogen".
Not collected on all versions of Form 48.**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**F48 Days used estrogen pills**

What was the average number of days each month that you used ESTROGEN pills? (Mark one.)

Variable # 90**Sas Name:** ESTR_PD**Sas Label:** Estrogen pills used, days/month

Values		N	%
0	Less than 1 day	66	0.1%
1	1-7 days	228	0.3%
2	8-14 days	275	0.3%
3	15-21 days	1,169	1.3%
4	22-27 days	2,559	2.9%
5	28 or more days	10,929	12.4%
.	Missing	73,135	82.8%
		88,361	

Usage Notes: Sub-question of F48 V2 Q15 "Used estrogen".
Sub-question of F48 V2 Q15.3 "Used estrogen pills".
Not collected on all versions of Form 48.**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

**F48 Estrogen pill used longest**

In the past year, what type of ESTROGEN pill did you use the longest? (Mark one.)

Variable # 91**Sas Name:** ESTR_PL**Sas Label:** Type estrogen pill used longest

Values		N	%
1	Premarin or conjugated equine estrogens	12,006	13.6%
2	Estrace	1,569	1.8%
3	Ogen	617	0.7%
8	Other	844	1.0%
9	Don't know	188	0.2%
.	Missing	73,137	82.8%
		88,361	

Usage Notes: Sub-question of F48 V2 Q15 "Used estrogen".
Sub-question of F48 V2 Q15.3 "Used estrogen pills".
Not collected on all versions of Form 48.**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**F48 Estrogen pill dose**

What dose did you usually take each day? (Mark one. If you regularly take more than one dose, mark the lowest dose.)

Variable # 92**Sas Name:** ESTR_DD**Sas Label:** Dose of estrogen pill taken each day

Values		N	%
1	0.3 mg	1,381	1.6%
2	0.625 mg	9,618	10.9%
3	0.9 mg	495	0.6%
4	1 mg	1,038	1.2%
5	1.25 mg	1,059	1.2%
6	2 mg	185	0.2%
7	2.5 mg	202	0.2%
8	Other	371	0.4%
9	Don't know	525	0.6%
.	Missing	73,487	83.2%
		88,361	

Usage Notes: Sub-question of F48 V2 Q15 "Used estrogen".
Sub-question of F48 V2 Q15.3 "Used estrogen pills".
Not collected on all versions of Form 48.**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**F48 Used estrogen skin patches**

In the past year, did you use ESTROGEN skin patches (for example, Estraderm, Climera)?

Variable # 93**Sas Name:** ESTR_SP**Sas Label:** Estrogen skin patch past year

Values		N	%
0	No	16,265	18.4%
1	Yes	1,247	1.4%
9	Don't know	8	0.0%
.	Missing	70,841	80.2%
		88,361	

Usage Notes: Sub-question of F48 V2 Q15 "Used estrogen".
Not collected on all versions of Form 48.**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

**F48 Dose of skin patch**

What dose skin patch did you usually use? (Mark one.)

Variable # 94**Sas Name:** ESTR_SPD**Sas Label:** Dose of estrogen skin patch

Values		N	%
1	0.05 mg	846	1.0%
2	0.1 mg	263	0.3%
8	Other	48	0.1%
9	Don't know	69	0.1%
.	Missing	87,135	98.6%
		88,361	

Usage Notes: Sub-question of F48 V2 Q15 "Used estrogen".
Sub-question of F48 V2 Q15.7 "Used estrogen skin patches".
Not collected on all versions of Form 48.

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F48 Changed skin patches per week

What was the average number of times each week that you changed your ESTROGEN skin patch? (Mark one.)

Variable # 95**Sas Name:** ESTR_SPN**Sas Label:** Times/week changed estrogen skin patch

Values		N	%
1	Less than once each week	121	0.1%
2	1-2 times each week	1,092	1.2%
3	3-4 times each week	24	0.0%
4	5 or more times each week	0	0.0%
.	Missing	87,124	98.6%
		88,361	

Usage Notes: Sub-question of F48 V2 Q15 "Used estrogen".
Sub-question of F48 V2 Q15.7 "Used estrogen skin patches".
Not collected on all versions of Form 48.

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F48 Progesterone in past year

In the past year, did you use the female hormone medication called PROGESTERONE or PROGESTIN (for example, Provera, Cycrin, Amen, Megace, or micronized progesterone)? (This may have been in the form of a pill, skin patch, shot, vaginal cream or suppository, or skin cream or gel.)
(Do not include the combined pill of estrogen and progestin.)

Variable # 96**Sas Name:** PROGEST**Sas Label:** Progesterone past year

Values		N	%
0	No	33,573	38.0%
1	Yes	5,731	6.5%
9	Don't know	336	0.4%
.	Missing	48,721	55.1%
		88,361	

Usage Notes: Not collected on all versions of Form 48.

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones



F48 Months used progest past year

In the past year, how many months did you use PROGESTERONE or PROGESTIN? (Mark one. If you had shots, count each shot as one month.)

Variable # 97

Sas Name: PROG_M

Sas Label: Months used progesterone past year

Usage Notes: Sub-question of F48 V2 Q16 "Progesterone in past year".
Not collected on all versions of Form 48.

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
1	Less than 1 month	178	0.2%
2	1-6 months	822	0.9%
3	7-10 months	386	0.4%
4	11-12 months	4,276	4.8%
.	Missing	82,699	93.6%
		88,361	

F48 Type of progest used longest

In the past year, what type of PROGESTERONE or PROGESTIN did you use the longest? (Mark one.)

Variable # 98

Sas Name: PROG_T

Sas Label: Type of progesterone past year

Usage Notes: Sub-question of F48 V2 Q16 "Progesterone in past year".
Not collected on all versions of Form 48.

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
1	Pills or capsules	5,337	6.0%
2	Shots	15	0.0%
3	Skin patches	19	0.0%
4	Vaginal cream or suppositories	110	0.1%
8	Other creams or gels	207	0.2%
.	Missing	82,673	93.6%
		88,361	

F48 Progesterone by mouth

In the past year, did you take PROGESTERONE or PROGESTIN pills by mouth?

Variable # 99

Sas Name: PROG_P

Sas Label: Progesterone pill past year

Usage Notes: Sub-question of F48 V2 Q16 "Progesterone in past year".
Not collected on all versions of Form 48.

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
0	No	499	0.6%
1	Yes	5,134	5.8%
9	Don't know	17	0.0%
.	Missing	82,711	93.6%
		88,361	

**F48 Days used progesterone pills**

In the past year, what was the average number of days each month that you used PROGESTERONE or PROGESTIN pills? (Mark one.)

Variable # 100

Sas Name: PROG_PD

Sas Label: Progesterone pills used, days/month

Values		N	%
1	Less than 1 day	28	0.0%
2	1-9 days	320	0.4%
3	10-12 days	1,090	1.2%
4	13-18 days	318	0.4%
5	19-27 days	390	0.4%
6	28 or more days	2,947	3.3%
.	Missing	83,268	94.2%
		88,361	

Usage Notes: Sub-question of F48 V2 Q16 "Progesterone in past year".
Sub-question of F48 V2 Q16.3 "Progesterone by mouth".
Not collected on all versions of Form 48.

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F48 Provera in past year

In the past year, did you take Provera, Cycrin or Amen (MEDROXY PROGESTERONE-MPA) pills?

Variable # 101

Sas Name: PROVERA

Sas Label: Provera/Cycrin/Amen past year

Values		N	%
0	No	821	0.9%
1	Yes	4,659	5.3%
9	Don't know	83	0.1%
.	Missing	82,798	93.7%
		88,361	

Usage Notes: Sub-question of F48 V2 Q16 "Progesterone in past year".
Not collected on all versions of Form 48.

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F48 Provera dose each day

What dose did you usually take each day? (Mark one. If you regularly take more than one dose, mark the lowest dose.)

Variable # 102

Sas Name: PROVERAD

Sas Label: Provera/Cycrin/Amen dose past year

Values		N	%
1	2.5 mg	2,809	3.2%
2	5 mg	906	1.0%
3	7.5 mg	2	0.0%
4	10 mg	634	0.7%
5	More than 10 mg	10	0.0%
9	Don't know	227	0.3%
.	Missing	83,773	94.8%
		88,361	

Usage Notes: Sub-question of F48 V2 Q16 "Progesterone in past year".
Sub-question of F48 V2 Q16.5 "Provera in past year".
Not collected on all versions of Form 48.

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones



F48 Take micronized progesterone

In the past year, did you take MICRONIZED PROGESTERONE pills?

Variable # 103

Sas Name: MICRPROG

Sas Label: Micronized progesterone past year

Usage Notes: Sub-question of F48 V2 Q16 "Progesterone in past year".
Not collected on all versions of Form 48.

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
0	No	4,021	4.6%
1	Yes	130	0.1%
9	Don't know	1,230	1.4%
.	Missing	82,980	93.9%
		88,361	

F48 Insecticides since age 21

Since age 21, have you or someone else ever poured, mixed, sprayed or applied insecticides (such as bug or flea spray, garden/lawn/crop insecticides) in your immediate surroundings at home, leisure, or work? (Do not include insect repellents, weed killers, fungus/mildew killers, or flea tick or mite treatments applied directly to pets.) (Mark one.)

Variable # 104

Sas Name: INSCCT

Sas Label: Location of exposure to insecticides

Usage Notes: none

Categories: Miscellaneous Exposures

Values		N	%
0	No	26,860	30.4%
1	Yes, at work only	1,492	1.7%
2	Yes, at home or leisure only	41,674	47.2%
3	Yes, both at work and at home or leisure	9,713	11.0%
9	Don't know	7,591	8.6%
.	Missing	1,031	1.2%
		88,361	

F48 Mixed insecticides

What types of exposure have you had to insecticides? (Mark all that apply.) I mixed them

Variable # 105

Sas Name: INSCTMIX

Sas Label: Mixed insecticides

Usage Notes: Sub-question of F48 V2 Q17 "Insecticides since age 21".

Categories: Miscellaneous Exposures

Values		N	%
0	No	41,501	47.0%
1	Yes	10,896	12.3%
.	Missing	35,964	40.7%
		88,361	

**F48 Sprayed or applied insecticide**

What types of exposure have you had to insecticides? (Mark all that apply.) I sprayed or applied them

Variable # 106

Usage Notes: Sub-question of F48 V2 Q17 "Insecticides since age 21".

Sas Name: IN SCTAPP

Categories: Miscellaneous Exposures

Sas Label: Sprayed or applied insecticides

Values		N	%
0	No	20,104	22.8%
1	Yes	32,293	36.5%
.	Missing	35,964	40.7%
		88,361	

F48 Lawn service applied

What types of exposure have you had to insecticides? (Mark all that apply.) Lawn service applied them at my home

Variable # 107

Usage Notes: Sub-question of F48 V2 Q17 "Insecticides since age 21".

Sas Name: IN SCTLS

Categories: Miscellaneous Exposures

Sas Label: Lawn service applied insecticides

Values		N	%
0	No	35,771	40.5%
1	Yes	16,626	18.8%
.	Missing	35,964	40.7%
		88,361	

F48 Commercial service applied

What types of exposure have you had to insecticides? (Mark all that apply.) Applied in home by commercial service

Variable # 108

Usage Notes: Sub-question of F48 V2 Q17 "Insecticides since age 21".

Sas Name: IN SCTCS

Categories: Miscellaneous Exposures

Sas Label: Commercial service applied insecticides

Values		N	%
0	No	35,696	40.4%
1	Yes	16,701	18.9%
.	Missing	35,964	40.7%
		88,361	

F48 Other insecticide exposure

What types of exposure have you had to insecticides? (Mark all that apply.) Other

Variable # 109

Usage Notes: Sub-question of F48 V2 Q17 "Insecticides since age 21".

Sas Name: IN SCTOTH

Categories: Miscellaneous Exposures

Sas Label: Other exposure to insecticides

Values		N	%
0	No	44,673	50.6%
1	Yes	7,724	8.7%
.	Missing	35,964	40.7%
		88,361	



F48 Treat fleas/none

What methods have you used to treat your pets for fleas, mites, or ticks? (Do not include spraying the house for fleas or insects. Mark all that apply.)
None.

Variable # 110

Usage Notes: Sub-question of F48 V2 Q19 "Lived with pet since age 21".

Sas Name: FLEANON

Categories: Miscellaneous Exposures

Sas Label: No method to treat pet for fleas

Values		N	%
0	No	56,385	63.8%
1	Yes	12,154	13.8%
.	Missing	19,822	22.4%
		88,361	

F48 Years you applied insecticides

How many years in total did you personally mix or apply insecticides at home or at work? (Mark one.)

Variable # 111

Usage Notes: Sub-question of F48 V2 Q17 "Insecticides since age 21".

Sas Name: INSCITMX

Categories: Miscellaneous Exposures

Sas Label: Years mixed/applied insecticide

Values		N	%
1	Never or less than 1 year	21,371	24.2%
2	1-4 years	9,317	10.5%
3	5-9 years	5,306	6.0%
4	10-14 years	3,696	4.2%
5	15-19 years	2,245	2.5%
6	20 or more years	10,194	11.5%
.	Missing	36,232	41.0%
		88,361	

F48 Times/year you applied insecticide

In those years, what was the average number of times each year that you personally mixed or applied insecticides at home or work? (Mark one.)

Variable # 112

Usage Notes: Sub-question of F48 V2 Q17 "Insecticides since age 21".

Sas Name: INSCITMXN

Categories: Miscellaneous Exposures

Sas Label: Times mixed/applied insecticide

Values		N	%
0	Never or less than once each year	21,715	24.6%
1	1-5 times each year	23,771	26.9%
2	6-12 times each year	4,579	5.2%
3	13-24 times each year	1,204	1.4%
4	25-49 times each year	425	0.5%
5	50 or more times each year	300	0.3%
.	Missing	36,367	41.2%
		88,361	



F48 Years someone else applied insecticide

How many years in total did someone other than yourself (for example, a lawn service or a commercial applicator) apply insecticides to your home, lawn, or garden? (Mark one.)

Variable # 113

Usage Notes: Sub-question of F48 V2 Q17 "Insecticides since age 21".

Sas Name: INSC TLSY

Categories: Miscellaneous Exposures

Sas Label: Years lawn service applied insecticide

Values		N	%
0	Never or less than 1 year	15,785	17.9%
1	1-4 years	12,073	13.7%
2	5-9 years	7,614	8.6%
3	10-14 years	5,349	6.1%
4	15-19 years	3,096	3.5%
5	20 or more years	8,419	9.5%
.	Missing	36,025	40.8%
		88,361	

F48 Times someone else applied insecticide

In those years, what was the average number of times each year that someone other than yourself applied insecticides to your home, lawn or garden? (Mark one.)

Variable # 114

Usage Notes: Sub-question of F48 V2 Q17 "Insecticides since age 21".

Sas Name: INSC TLSN

Categories: Miscellaneous Exposures

Sas Label: Times lawn service applied insecticide

Values		N	%
0	Never or less than once each year	16,169	18.3%
1	1-5 times each year	27,265	30.9%
2	6-12 times each year	7,392	8.4%
3	13-24 times each year	831	0.9%
4	25 or more times each year	371	0.4%
.	Missing	36,333	41.1%
		88,361	

F48 Sat 3 ft. from computer screen

Have you ever sat in front of a computer screen within three feet with the power turned 'on' (for example, when writing letters)?

Variable # 115

Usage Notes: none

Sas Name: COMPUTER

Categories: Miscellaneous Exposures

Sas Label: Sat in front of computer

Values		N	%
0	No	31,940	36.1%
1	Yes	55,786	63.1%
.	Missing	635	0.7%
		88,361	



F48 How many yrs sat at computer

How many years in total did you sit in front of a computer screen regularly (at least once each week) with the power turned 'on'? (Mark one.)

Variable # 116

Usage Notes: Sub-question of F48 V2 Q18 "Sat 3 ft. from computer screen".

Sas Name: COMPYR

Categories: Miscellaneous Exposures

Sas Label: Years sat in front of computer

Values		N	%
1	Less than 1 year	11,853	13.4%
2	1-4 years	14,286	16.2%
3	5-9 years	13,812	15.6%
4	10-14 years	9,893	11.2%
5	15-19 years	3,898	4.4%
6	20 or more years	1,771	2.0%
.	Missing	32,848	37.2%
		88,361	

F48 Days per week sat at computer

In the past five years, what was the average number of days each week that you sat in front of a computer screen with the power turned 'on'? (Mark one.)

Variable # 117

Usage Notes: Sub-question of F48 V2 Q18 "Sat 3 ft. from computer screen".

Sas Name: COMPDAY

Categories: Miscellaneous Exposures

Sas Label: Sat in front of computer past 5 y, d/wk

Values		N	%
0	Less than 1 day each week	17,493	19.8%
1	1 day each week	3,897	4.4%
2	2 days each week	4,309	4.9%
3	3 days each week	5,767	6.5%
4	4 days each week	5,069	5.7%
5	5 or more days each week	18,681	21.1%
.	Missing	33,145	37.5%
		88,361	

F48 Hours per day sat at computer

On the days that you used a computer, what was the average number of hours that you sat in front of a computer screen with the power turned 'on'? (Mark one.)

Variable # 118

Usage Notes: Sub-question of F48 V2 Q18 "Sat 3 ft. from computer screen".
Sub-question of F48 V2 Q18.2 "Days per week sat at computer".

Sas Name: COMPHRS

Categories: Miscellaneous Exposures

Sas Label: Sat in front of computer, hours/day

Values		N	%
1	Less than 1 hour each day	4,875	5.5%
2	1-3 hours each day	16,282	18.4%
3	4-6 hours each day	10,135	11.5%
4	7 or more hours each day	6,314	7.1%
.	Missing	50,755	57.4%
		88,361	



F48 Lived with pet since age 21

Since age 21, have you ever lived with a pet in your home?

Variable # 119

Usage Notes: none

Sas Name: PET

Categories: Miscellaneous Exposures

Sas Label: Lived with a pet in home

Values		N	%
0	No	17,363	19.7%
1	Yes	68,868	77.9%
.	Missing	2,130	2.4%
		88,361	

F48 Treat fleas/collars

What methods have you used to treat your pets for fleas, mites, or ticks? (Do not include spraying the house for fleas or insects. Mark all that apply.)
Flea and tick collars.

Variable # 120

Usage Notes: Sub-question of F48 V2 Q19 "Lived with pet since age 21".
Sub-question of F48 V2 Q19.1 #1 "Treat fleas/none" (skip pattern rule not applied).

Sas Name: FLEACLLR

Categories: Miscellaneous Exposures

Sas Label: Flea collar to treat pet for fleas

Values		N	%
0	No	24,145	27.3%
1	Yes	44,394	50.2%
.	Missing	19,822	22.4%
		88,361	

F48 Treat fleas/powder or spray

What methods have you used to treat your pets for fleas, mites, or ticks? (Do not include spraying the house for fleas or insects. Mark all that apply.)
Powder or spray.

Variable # 121

Usage Notes: Sub-question of F48 V2 Q19 "Lived with pet since age 21".
Sub-question of F48 V2 Q19.1 #1 "Treat fleas/none" (skip pattern rule not applied).

Sas Name: FLEAPWDR

Categories: Miscellaneous Exposures

Sas Label: Powder to treat pet for fleas

Values		N	%
0	No	38,707	43.8%
1	Yes	29,832	33.8%
.	Missing	19,822	22.4%
		88,361	



F48 Treat fleas/dips

What methods have you used to treat your pets for fleas, mites, or ticks? (Do not include spraying the house for fleas or insects. Mark all that apply.)
Dips.

Variable # 122

Sas Name: FLEADIP

Sas Label: Dips to treat pet for fleas

Usage Notes: Sub-question of F48 V2 Q19 "Lived with pet since age 21".
Sub-question of F48 V2 Q19.1 #1 "Treat fleas/none" (skip pattern rule not applied).

Categories: Miscellaneous Exposures

Values		N	%
0	No	51,127	57.9%
1	Yes	17,412	19.7%
.	Missing	19,822	22.4%
		88,361	

F48 Treat fleas/other

What methods have you used to treat your pets for fleas, mites, or ticks? (Do not include spraying the house for fleas or insects. Mark all that apply.)
Other

Variable # 123

Sas Name: FLEAOTH

Sas Label: Other method to treat pet for fleas

Usage Notes: Sub-question of F48 V2 Q19 "Lived with pet since age 21".
Sub-question of F48 V2 Q19.1 #1 "Treat fleas/none" (skip pattern rule not applied).

Categories: Miscellaneous Exposures

Values		N	%
0	No	57,360	64.9%
1	Yes	11,179	12.7%
.	Missing	19,822	22.4%
		88,361	

F48 How many years treated fleas

How many years in total have you treated a pet in your home for fleas, mites, or ticks? (Mark one.)

Variable # 124

Sas Name: FLEAY

Sas Label: Years treated pet for fleas

Usage Notes: Sub-question of F48 V2 Q19 "Lived with pet since age 21".
Sub-question of F48 V2 Q19.1 #1 "Treat fleas/none" (skip pattern rule not applied).

Categories: Miscellaneous Exposures

Values		N	%
1	Less than 1 year	6,435	7.3%
2	1-4 years	10,478	11.9%
3	5-9 years	11,897	13.5%
4	10-19 years	15,920	18.0%
5	20-29 years	6,017	6.8%
6	30 or more years	6,131	6.9%
.	Missing	31,483	35.6%
		88,361	



F48 Ever used hand-held hair dryer

Have you ever used a hand-held hair dryer regularly (at least once a week)?

Variable # 125

Usage Notes: none

Sas Name: HHDRY

Categories: Miscellaneous Exposures

Sas Label: Hand-held hair dryer > once a wk

Values		N	%
0	No	32,083	36.3%
1	Yes	54,780	62.0%
.	Missing	1,498	1.7%
		88,361	

F48 How many years used hair dryer

How many years in total have you used a hand-held hair dryer? (Mark one.)

Variable # 126

Usage Notes: Sub-question of F48 V2 Q20 "Ever used hand-held hair dryer".

Sas Name: HHDRYY

Categories: Miscellaneous Exposures

Sas Label: Hand-held hair dryer, years

Values		N	%
1	Less than 1 year	3,266	3.7%
2	1-4 years	4,803	5.4%
3	5-9 years	5,283	6.0%
4	10-14 years	7,000	7.9%
5	15-19 years	6,890	7.8%
6	20 or more years	27,385	31.0%
.	Missing	33,734	38.2%
		88,361	

F48 Times per week used hair dryer

In those years, what was the average number of times per week that you used a hand-held hair dryer? (Mark one.)

Variable # 127

Usage Notes: Sub-question of F48 V2 Q20 "Ever used hand-held hair dryer".

Sas Name: HHDRYT

Categories: Miscellaneous Exposures

Sas Label: Hand-held hair dryer, times/wk

Values		N	%
1	Once each week or less	19,285	21.8%
2	2-3 times each week	19,716	22.3%
3	4-5 times each week	8,718	9.9%
4	6 or more times each week	6,700	7.6%
.	Missing	33,942	38.4%
		88,361	



Estrogen use in last year

Variable # 128
Sas Name: ELSTYR
Sas Label: Estrogen use in last year

Usage Notes: Summary variable computed from hormone use questions collected on versions 1 and 2 of Form 48. See the data preparation section 5 for details.

Categories: Computed Variables
Reproductive: Hormones

Values		N	%
0	No	42,293	47.9%
1	Yes	44,666	50.5%
.	Missing	1,402	1.6%
		88,361	

Progesterone use in last year

Variable # 129
Sas Name: PLSTYR
Sas Label: Progesterone use in last year

Usage Notes: Summary variable computed from hormone use questions collected on versions 1 and 2 of Form 48. See the data preparation section 5 for details.

Categories: Computed Variables
Reproductive: Hormones

Values		N	%
0	No	64,933	73.5%
1	Yes	20,851	23.6%
.	Missing	2,577	2.9%
		88,361	

Hormone use in last year (estrogen or progest.)

Variable # 130
Sas Name: HLSTYR
Sas Label: Hormone use in last year (estr or prog)

Usage Notes: Summary variable computed from hormone use questions collected on versions 1 and 2 of Form 48. See the data preparation section 5 for details.

Categories: Computed Variables
Reproductive: Hormones

Values		N	%
0	No	41,210	46.6%
1	Yes	45,221	51.2%
.	Missing	1,930	2.2%
		88,361	